

Fitment Instructions

Upper Control Arms



Part No:	TDCA-004
Suits	Toyota LandCruiser 200 Series

Instructions

1. Before working on the vehicle, ensure the vehicle is located on safety stands or on hoist and is secure.
2. Remove the two front wheels.
3. Place a jack under the lower control arm ball joint to support the weight of the lower control arm and hub.
4. Unbolt the ABS wire bracket on the high side of the arm.

Note: To remove the RHS arm, you may have to loosen the intercooler plumbing near the upper arm bolt head.

5. Remove the clip securing the upright to the upper control arm and from the bottom of the ball joint stud.
6. Loosen the ball joint nut but do not fully remove.
7. Using a hammer, strike the side of the upright to release the taper of the ball joint from the hub (Fig 1).
8. Loosen and remove the upper arm main nut located at the rear of the arm.
9. Slide out the main bolt towards the radiator.
10. Install the supplied upper control arm, refitting the removed OEM bolt, nut and washers. **Retighten the loosened intercooler plumbing.**

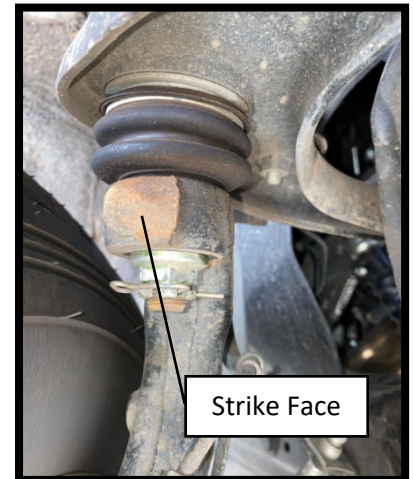


Fig 1: Strike the side of the upright to release the taper of the ball joint.

Note: Ensure that the supplied flat washer in the kit are installed on the inside face of both of the bushes.

11. Torque the control arm nut to the manufacture's specifications.
12. Install the ball joint taper into the upright, refit and torque the OEM nut and 'R' clip.

Note: The control arm is supplied with a castellated nut and split pin. It is recommended to re-use the OEM ball joint nut and 'R' clip. The replacement castellated nut has been provided as a 'generic' replacement alternative if the OEM nut has been damaged and can not be reused.

13. Re-fit the ABS wiring bracket.
14. Remove the jack supporting the lower control arm, re-fit the wheels and lower the vehicle.
15. Perform a wheel alignment as this alignment will have changed after fitting the new upper control arms.
16. Recheck all nuts and bolts after 1000KM.